

# Connect



## WHAT IS LOVE?



Love is patient. Love is kind. It does not envy. It does not boast. It is not proud. It does not dishonor others. It is not self-seeking. It is not easily angered. It keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. <1 Corinthians 13:4-7 NIV>

As an advisor, this is how we should and need to be with each and every one of our students. Love is being there for them in the good times and in the bad times of their lives. **Billy Essick, First Flight High School; Kill Devil Hills, Advisor of the Year**

Love is inspiring. To see people care and have enough passion for another being to be willing to do anything for them is so heart warming. Love has no limits. It's a feeling like no other. Profoundly tender and patient, unconditional despite differences. Hard to define; sometimes you may not be able to put into words how much you love someone. Love is inspirational.

**Christion "Tre" Frederick, West Johnston High School, Benson, Student of the Year**

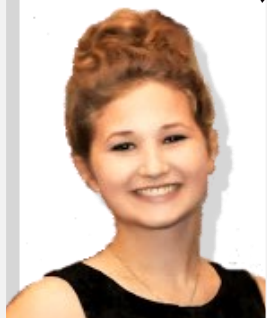


Love is caring about someone more than you care about yourself and putting them before you.

**Katie Thompson, West Iredell High School, Student Advisory Board Member**

Love is nothing but faith, trust and pixie dust.

**Sarah Elizabeth Haga, Southwest High School Jacksonville, Student Advisory Board Member**



**February 2015**

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## February Calendar

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Teen Dating Violence Awareness  
National Eating Disorders  
Awareness

## March Calendar

Middle School Month  
National Sleep Awareness Week  
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Poisons Awareness Week  
Kick Butts Day

## Ideas? Questions? Concerns?

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come directly to you, join the  
SADD mail list at  
[www.ncyaio.com](http://www.ncyaio.com)



Love is accepting someone or something as they are, no changes are necessary. You love them at their best, their worst, and everything in between. My friend says you also have to love someone on their left shark days. That's a Super Bowl reference!

**Claire Pelletier, NC State University, Raleigh, Student Advisory Board Member**



Love is patient and kind.

**Candace Dudley, Youth Advocacy and Involvement Office**

Love is whole, love is great, and love is accepting. Without love nothing in society will work the way it should. Behind war and peace is love and a passion, whether we think that thing is good or not, it's still a love.

**Jordan Uhl, Uwharrie Charter Academy, Asheboro, Student Advisory Board Member**



Love is holding your sweet baby for the first time and feeling their soft puffs of breaths against your skin.

**Stephanie Nantz, Executive Director, Youth Advocacy and Involvement Office**



Love is coming home to someone that you care about more than yourself and knowing they feel the same way about you. Also, it is a warm box of Krispy Kreme Doughnuts!

**Dallas Hicks, West Iredell High School advisor and Student Advisory Board Mentor**

Love is the greatest force in the universe.

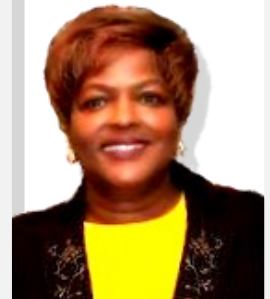
**Elaine Pischke, Youth Advocacy and Involvement Office**



Love is an affection for someone or something. Love differs in type and intensity. Romantically speaking, love can be here today and gone in a little while, or it can last forever. You only know it lasted forever if you are still in love when you die. Because a particular love doesn't last forever doesn't mean it wasn't real. Love has its own lifespan. Once you love someone, you never really stop loving them anyway; it's just that the nature and degree of the love may change. We idealize the role that love should play in relationships to the extent that we sometimes place too much faith in love. We give love so much power that we often maintain unhealthy relationships because we love the other person. You can love someone who might not be good for you, and vice versa. We tend to think that loving a special someone is more important than loving people in general.

I wish a Happy Valentine's Day to all my advisors and students. I love you a bushel and a peck and a hug around the neck!

**Harriett Southerland, SADD State Coordinator**



## TEENS AND LOVE

A common question among teens is, "How can I tell if I'm in love?" What feels like love to one person may just seem like attraction to another. Some people fall in and out of love pretty often, and some are never really "in love" as much as they are "in lust." Perhaps you wonder what is going on in your relationship. Is it love, lust or bust? This can be confusing when you are a teen. Romantic love may be a relatively new concept for many teens, and they don't know what to expect. They are overwhelmed with all sorts of new feelings and social pressures.

### What is love?

What makes you want a romantic relationship with one person and not another? How does your heart choose a partner? Why does love end? There is no easy way to find the truth behind your feelings or the



feelings of another person, but there are some tell-tale signs that love is blooming or growing deeper.

According to teen advice expert Mike Hardcastle of "About Teen Relationships," if you agree with the following statements, you are probably in love.

- ♥ You know, because you have been told by your significant other, that your deep feelings are returned in kind.
- ♥ The object of your affections makes you feel special and good about yourself.
- ♥ If/when you feel jealous it is always fleeting; you trust your partner not to betray you or hurt your relationship.
- ♥ Nothing makes you feel as serene as when you and your partner are together.
- ♥ When you fight with your partner you usually make up within a few hours, and you always agree that nothing is more important than you both being able to express your true feelings—even if they sometimes cause conflict.
- ♥ Your partner never asks you to choose between him/her and your loyalties to your family and friends. If you do choose him/her over them, you always have a good reason, and it is always *your* decision and your decision alone.

- ♥ Neither you or your partner feel the need to test the other's loyalties or feelings.
- ♥ You are more yourself when with your partner than you are with anybody else.

If you are still not sure whether you are in love, you can take the "Is It Love" quiz at the following link.

<http://teenadvice.about.com/library/teenquiz/14/blisitovequiz.htm>



## FUNDRAISING IDEAS FROM SOUTHWEST



Southwest High School in Jacksonville reports that their chapter sold Christmas ornaments for a memorial tree, and they are selling candy grams for Valentine's Day.

Ornaments for the memorial tree were in memory of someone who has passed away or in honor of someone still living. The name of the person was written on an ornament to be hung on a tree in the school's front lobby. **Advisor Diane Dail** said they did not raise a lot of money, but it meant a lot to the students and faculty to have the opportunity to hang an ornament in honor of their loved ones.

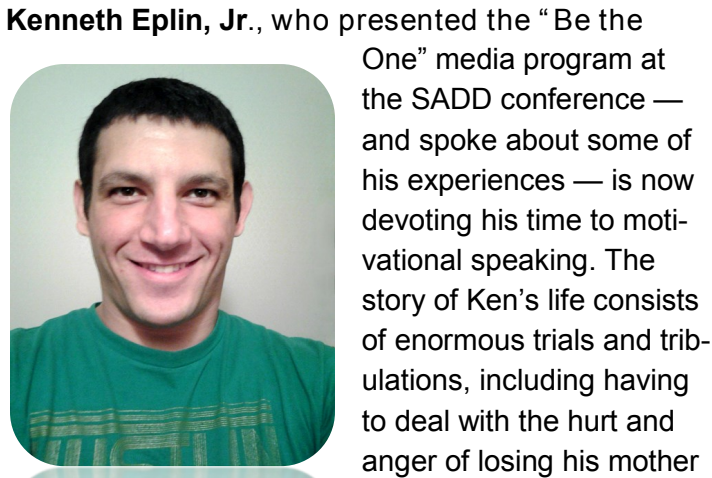
The Valentine candy grams were sold during the week leading up to Valentine's Day. People had their choice of a valentine card that said, "Valentine, you ROCK!" with Pop Rocks candy inside, a card with a heart-shaped lollipop or a card with Hershey's Hugs and Kisses. The candy grams were delivered at the end of the week. Said Ms. Dail, "We made a little bit of money, but once again not enough to brag about!"

Congratulations and thank you, Southwest SADD, for always doing *something* to keep your chapter involved and to promote SADD. You are definitely something to brag about. **Go Stallions!**





## SPEAKERS FOR YOUR PROGRAMS



Ken Eplin

at an early age. Ken says, “through my story, I want to help kids understand that there is a price to pay for every choice you make, and sometimes the best choice you will ever make will be the decision to make no more bad choices. When my presentation is over, kids have the opportunity to ask me questions and to chat with me. They are not embarrassed to talk to me about anything after they hear my story, because they know I have already been in their shoes. I want the youth to leave with hope. They will also have a better understanding of how important it is to make good choices and how bad and fast things can go wrong.”

If you would like Ken to speak at your school, contact him at [keplin32@yahoo.com](mailto:keplin32@yahoo.com) or 585-978-4282.

**Jeremy Stevens** is a middle school teacher and former principal from Wilson, NC. He talks to youth about the devastating effects alcohol can have on the lives of young people and their loved ones. Jeremy



Jeremy Stevens

began drinking at age 11, and he was at the pinnacle of his career as an educator when he lost everything, including his wife and children, due to his addiction. He experienced homelessness and repeated rehab attempts before finally deciding enough was enough. Jeremy explained why he considers it important to talk to youth: “As prom season nears, what we know is that our youth's feeling of immortality seems a rite-of-passage to them. Because of my life, I’m doing all I can to speak about alcohol awareness, use and prevention among adolescents.”

You can contact Jeremy at:  
[crystalkimpsonroberts@gmail.com](mailto:crystalkimpsonroberts@gmail.com) or 919-600-0435.



## A LOST IN OUR FAMILY

Those of you who attended the conference last year participated in the VIP for a VIP workshop about their safe driving program, *Vehicle Injury Prevention for a Very Important Person*. Regretfully, we have learned that the director of that program and retired captain of the Highpoint Fire Department, Bobby Bulla, lost his 18 year-old son, Dustin Chase Bulla, in a two-vehicle crash last month. The State Highway Patrol reported that Chase was driving a utility truck for his job that veered completely into the oncoming lane and crashed into a tractor-trailer at about 8:00 a.m. The tractor-trailer had reduced its speed and attempted to pull off the highway but was not able to avoid the crash.

NC SADD extends its deepest sympathy to Captain Bulla and all the members of VIP for a VIP family.



North Carolina Department of Administration  
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